

Hair

Shampoo	\$55 & up
Treatment	\$85
Permanent Color	\$105 & up
Women's Cut	\$85 & up
Men's Cut	\$55
Relaxer	\$105 & up
Extensions	\$260
Braids	\$15 per braid & up
Highlights/Lowlights	\$160
Style/Updo	\$85
Eyebrows Tinting	\$35
Eyelash Extensions	\$30

Nails

Polish (Hands)	\$25
Manicure	\$45
French Manicure	\$65
Spa Manicure	\$75
Polish (Feet)	\$25
Pedicure	\$75
French Pedicure	\$95
Spa Pedicure	\$110
Acrylic (Fills)	\$55
Acrylic (Full Set)	\$85
Wrap/Overlay (Full Set) ...	\$80
Nail Repair (Each)	\$10
Gel Nails (Fills)	\$65
Gel Nails (Full Set)	\$95

Make Up

Make Up Application	\$75
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Waxing

Eye Brows	\$25
Lips	\$20
Cheeks/Chin	\$30
Arm	\$45
Underarm	\$35
Chest	\$60 & Up
Back	\$70 & Up
Bikini	\$55 & Up
Brazilian	\$70 & Up
Half Leg	\$55 & Up
Full Leg	\$75 & Up



HAIR
INTERNATIONAL SALON & SPA

Service
the service team
that's right for you...

Our salon and spa was created with a view to provide a place where contemporary fashion-forward thinking could exercise its creative edge.

Each service member is part of a unique team concept, hand-picked and extensively trained. Our team travels to shows, conferences and classes all over the world, constantly learning and educating themselves, bringing the best back to our clients.

Translation: The client can count on receiving a level of service that is unparalleled, regardless of location or technician! While our mark has been made in hair, we have made the same level of commitment to our skin care and massage services, rounding out the full service of our salon and spa.

Please arrive fifteen minutes prior to your scheduled service. No one under the age of sixteen allowed for spa service. An adult must accompany minors receiving salon & spa services. Not responsible for lost or stolen items, No cell phones or electronic devices allowed in service areas. We enforce a 24 hour cancellation policy. A 15% gratuity added to all services. All prices and services subject to change. We accept Cash, Mastercard & Visa. No refunds or Chargebacks.

30 Minute Treatments

30 Minute Massage

\$60
30-minute massages can be very calming, and relaxing, especially for individuals on the go. Massage therapists focus on scalp, neck and shoulders, back, hands or feet. "Scientists have proved that the psychological and physiological state of patients with tension headache improves within 24 hours after receiving a 30-minute massage."

The Ion Detox Foot Spa

\$65
Toxins hamper the ability of our body to heal itself and this leaves us susceptible to illness and disease. Through proper detoxification, we can significantly reduce the load of toxins on our system, slow down the aging process and ward off illness and disease. A balanced system increases our sense of awareness and our sense of the mind-body-spirit connection. The use of an Ion Detox Foot Spa causes an overall balancing effect, along with significant health benefits. The Ion Detox Foot Spa pulls toxins out of your system and restores your body to optimal health!

Bath Therapy

\$60
In the fast moving world of today, we are all so busy that we hardly get time for our own selves. This often results in stress and fatigue. We are always so tired and stressed out. Escape to some calm, quiet place and relax your mind, body & soul, for a while, with this invigorating essential oil & milk bath, in our exclusive blue lagoon room.

Eye Treatment (Additional add on to any treatment)

\$15
Refreshing Aloe Vera will reduce the appearance of fine lines and reduce puffiness while combating dark circles.



HAIR
INTERNATIONAL SALON & SPA

TELEPHONE

242.327.3558

*one focus:
your beauty,
your well being*

OPEN FOR SERVICE

Mondays - Sundays
9:00 A.M. - 8:00 P.M.

Sheraton Nassau Beach Resort

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Website: www.hairinternationalonline.com

E-Mail: hspasalon@gmail.com

P.O. Box EE-16521

Nassau, Bahamas

An additional 15% gratuity added to all services
24 hours cancellation policy

We accept Cash, Visa, MasterCard
and Gift Certificates

Facials

Spa Facial (Cleansing Line · All Skin Types · All Ages) (50 Minutes) \$120

The CLEAN & ACTIVE series was developed for the thorough cleansing of the face while achieving a clear, radiant complexion. Tonics with and without alcohol remove excess residue leaving the face clean and smooth. For a deep facial cleansing, the series offers two special peelings, which removes dead skin cells leaving the skin visibly smoother.

CPure (Skin Care · All Skin Types · All Ages) (50 Minutes) \$150

C PURE by KLAPP stands for concentrated Vitamin C Power. Carefully chosen and balanced ingredients give the skin elasticity, firmness and provide moisture. A skin care series with calming, balancing and antibacterial action. The complexion looks smooth, soft and fresh! Ideal as a make-up base.

Stri Pexan (Skin Care · All Skin Types · For Ages 25+) (50 Minutes) \$150

Stem cells are the source of all tissue and play an important role in the development and regeneration of the organism. They have the capacity to divide or reproduce indefinitely. But the capacity of stem cells de-teriorates with age and under the impact of daily environmental factors. Stem cell research and the extraction of natural plant stem cells reveals a technology, which can be defined as a breakthrough in anti- aging skin care; it will drive all new possibilities in the Cosmetic Industry. This newest research focuses on the protection and longer durability of skin stem cells. This is why plant stem cells and their positive effect on the skin stem cells acts as an innovative active ingredient in Stri-Pexan PHYTO STEM CELL TECHNOLOGY. This active ingredient is extracted from an aged, rare, Swiss apple.

Organic (Skin Care · All Skin Types · All Ages) (50 Minutes) \$150

A symbiosis of natural ingredients and scientific processes perfecting the natural vibrancy of the skin. ORIGANIC® HIGH TECH CARE represents a balance between science and nature. KLAPP COSMETICS rely on a base of natural ingredients to enhance its high-tech skin care line. The ORIGANIC®HIGH TECH CARE series has been dermatologically tested.

Caviar (Skin Care · Mature Skin · For Ages 40+) (50 Minutes) \$150

CAVIAR POWER by KLAPP is an innovative Anti-Aging-Line with the most modern High-Tech- Ingredients. An exclusive Caviar Complex and natural Bio-Peptides activate cell metabolism and restores elasticity and firms tired skin.

Microdermabrasian (50 Minutes) \$150

Microdermabrasion is a popular cosmetic procedure that removes the outermost layer of dry dead skin cells. It is a non-chemical, non-invasive skin treatment. Many people use microdermabrasion to diminish the look of fine lines, wrinkles, age spots, enlarged pores, coarse skin, or textured skin. Microdermabrasion is also used as a treatment for acne. Best results are achieved when used regularly. Microdermabrasian also gives a wonderful glow to the face and promotes better blood flow and oxygenation to the skin.

Back Facial (50 Minutes) \$100 & up

Back facials utilize many of the techniques used in skin treatments for the face, and they are supposed to clarify and soften the skin of the back while providing a deep moisturizing treatment, which will leave the client with a healthy, glowing back. Back facials for both men and women are available, in a wide range of formulations, which target specific skin types or issues such as clogged pores and acne on the back. This spa treatment can actually be quite beneficial, especially for people who spend a lot of time in low-backed clothing or swimsuits.

Body Wraps & Body Scrubs

Algae (Seaweed) Wrap (50 Minutes) \$120

Algae is packed with amino acids and vitamins, making it an appealing ingredient to draw out toxins from the skin. Detoxifying with algae is typically accomplished using a marine algae wrap. Algae wraps are believed to re-nourish the skin and minimize water retention and eliminate harmful toxins. This treatment can be very beneficial to health conservatives on the right track!

Slimming Wrap (50 Minutes) \$120

Body slimming wraps are becoming more and more popular these days, probably because they have so many benefits. Remove toxins, reduce inches, improve skin tone, nourish the skin, aid weight loss. If you've never tried a body slimming wrap before, we strongly suggest you give it a try. You will be very impressed how great you feel after the wrap, and will be truly amazed at the number of inches you can lose.

Herbal Wrap (50 Minutes) \$120

This effective treatment induces perspiration to eliminate impurities and toxins and to promote muscle relaxation. The therapy relaxes and detoxifies the body and improves circulation. It is also an effective treatment that can help with weight loss, inch loss, cellulite and pain relief.

Coconut Scrub (50 Minutes) \$120

Coconut body scrub smells wonderful and will leave your skin in excellent condition. This exhilarating treatment will relax you and help your skin look young and more radiant. Therapists dry brush your body to remove dead cells and balance the negative ions in your body. After, they apply this all natural coconut body scrub, which exfoliate dead skin cells, moisturizes, conditions, and protects your skin without feeling greasy. This beautiful island blend will definitely smooth you to perfection!

Coffee Scrub (50 Minutes) \$120

While coffee is wonderful for many reasons, it is actually the caffeine it contains that provides the added health benefits as a scrub. When this awakening coffee body scrub is applied to the surface of your skin, it helps redistribute fat cells and decrease the formation of cellulite. With the coffee body scrub skin care routine, you may be able to prevent varicose veins or even make them vanish! The caffeine in a coffee scrub acts as a vascular restrictor--shrinking blood vessels, thus helping to reduce varicose veins.

Sea Salt Glow Scrub (50 Minutes) \$120

The rough texture of the salt peels away the dry and dead skin cells on the surface layer of the skin, revealing the smooth and healthy skin underneath. The moisturizing ingredients in our salt glows are added benefits that help retain moisture, keeping skin soft and hydrated. This process of exfoliating keeps skin healthy and supple. This is a perfect treatment, as it is important to get the dead skin cells off of your body to ready yourself for new skin cells, and to bring phenomenal beauty results.

Massages

Swedish (Relaxation) (50 Min.) \$110 (80 Min.) \$140

This is the most common type of massage therapy. Massage therapists use long smooth strokes, and circular movements on superficial layers of muscle using essential massage oil. Swedish massage therapy can be very gentle and relaxing. If you've never had massage before, this is a good one to try first.

Aroma Therapy (50 Min.) \$150 (80 Min.) \$185

Aromatherapy massage is massage therapy with the addition of one or more scented plant oils called essential oils to address specific needs. The massage therapist can select oils that are relaxing, energizing, stress reducing, balancing, etc. One of the most common essential oils used in aromatherapy massage is lavender. Aromatherapy massage is particularly suited to stress-related conditions or conditions with an emotional component.

Hot Stone (50 Min.) \$150 (80 Min.) \$185

Heated, smooth stones are placed on certain points on the body to warm and loosen tight muscles and balance energy centers in the body. The massage therapist may also hold stones and apply gentle pressure with them. The warmth is comforting. Hot stone massage is good for people who have muscle tension but prefer lighter massage.

Deep Tissue (50 Min.) \$150 (80 Min.) \$185

Deep tissue massage targets the deeper layers of muscle and connective tissue. The massage therapist uses slower strokes or friction techniques across the grain of the muscle. Deep tissue massage is used for chronically tight or painful muscles, repetitive strain, postural problems, or recovery from injury.

Prenatal (50 Min.) \$200 (80 Min.) \$235

Also called pregnancy massage is becoming increasingly popular with expectant mothers. Massage therapists who are certified in pregnancy massage know the proper way to position and support the woman's body during the massage, and how to modify techniques. Pregnancy massage is used to reduce stress, decrease swelling, relieve aches and pains, and reduce anxiety and depression. The massage is customized to a woman's individual needs.

Reflexology (Hands or Feet) (50 Min.) \$110 (80 Min.) \$140

Reflexology (Hands & Feet) (50 Min.) \$200 (80 Min.) \$235

Although reflexology is sometimes called foot massage, it is more than simple foot massage. Reflexology involves applying pressure to certain points on the foot that correspond to organs and systems in the body. Reflexology is very relaxing, especially for people who stand on their feet all day or just have tired, achy feet.

Sports Massage (50 Min.) \$130 (80 Min.) \$150

Sports massage is specifically designed for people who are involved in physical activity. But you don't have to be a professional athlete to have one-it's also used by people who are active and work out often. The focus isn't on relaxation but on preventing and treating injury and enhancing athletic performance. Combinations of techniques are used. The strokes are generally faster than Swedish massage. Facilitated stretching is a common technique. It helps to loosen muscles and increase flexibility.

Spa Packages

After Sun Soothing Ritual (60 Minutes) \$110

When the sun goes down and the temperature rises, then things need to cool off. Sun damaged skin definitely is not on most spas' menus. Now it is possible to completely chill out at the spa and un-cook your skin back to creamy smoothness. So, if red isn't your favorite color then this is the treatment for you.

Slimming / Anti-Cellulite Body Ritual (150 Minutes) \$232

Slim, trim and breakdown fatty cell clusters in your body with this exceptional natural therapy. Active ingredients, including lemon, basil & grapefruit essential oils, actually cause fat cell clusters to break down and disperse through normal body functions.

Sea Mint De-Tox Body Ritual (150 Minutes) \$232

Deep cleanse and purge stored toxins with this exquisite combination of the sea's mysterious, organic & mineral wealth balanced with the relaxing, yet astringent power of mint. For two and a half hours you will feel that every regretful vice ingested has been forgiven and expelled.

Aroma Therapy Body Ritual (120 Minutes) \$203

This aroma therapy treatment may be the most scent-ual experience of all. At every moment your mind connects with your body in unique& highly beneficial way. Based on aromatherapy principals, each stage of the treatment addresses a specific aspect of your well-being, leaving you perfectly balanced from head to toe.

High Tea Body Ritual (140 Minutes) \$220

The ladies who lunch would definitely approve of this two hour plus High Tea Body Ritual. The amazing anti-oxidant properties for tea are all present in every course of this mad tea party. Here you will find every known way to make a proper cupla worked into an ingenious regimen.

Spice Island Body Ritual (120 Minutes) \$203

From the magical Bahamian Islands, comes an original concept in treatment that is surprisingly modern and up to date with the latest aromatherapy theories in deep relaxation. Because of the seemingly endless types and variety of spice and peppers, we were able to deliver a truly expansive experience in this two and a half hour treatment. Proving, in reverse, that variety is the spice of life!

Chocolate Indulgence Body Ritual (150 Minutes) \$232

This two hour fifteen minutes Bon-Bon of a treatment can be consumed even for those on the strictest diet! You may ask yourself, "Why should I put chocolate on my body, not in my body?" This ultra-indulgent treatment opens the endorphins in your brain, making you not just a transmitter of love, but a receiver, too. So, if you think you could use a little more love in your life then this treatment is not an indulgence, but a necessity!

Deep Blue Revitalizing Body Ritual (120 Minutes) \$203

This Blue Lagoon treatment revitalizes waves of energy that the unlikely combination of lavender, cypress & geranium essential oils conspire to create.

Sweet Temptation Body Ritual (150 Minutes) \$232

Gluttony may be one of the 7 deadly sins, but with our Sweet Temptations Treatment Menu there is absolutely no pain... and no pain. The sweet part for this 6-course menu is that every yummy moment is a taste of heaven. So, no matter what kind of diet you are on you can have your cake and eat it, too.

Citrus Rejuvenation Body Ritual (90 Minutes) \$140

Missing this treatment is like having a day without sunshine. Super juicy and packed with vitamin C, after this ninety minute treatment your body will feel like it is bursting with goodness. The result: neon energy and a renewed zest for life.

Traditional Bahamian Body Ritual (150 Minutes) \$232

With over 700 Islands & Keys, this is the classic treatment that will come to define The Bahamas as the center of the holistic spa experience. Reflecting the sacred balance of Bahamian culture, we have sourced elements used in the treatment from the varied beaches of the island. Salt, sand & seaweed come from the beaches, flowers, herbs & roots from the Bahamian Soil. Transport yourself to The Bahamas - it's the best two-hour holiday you have ever taken!

Cocktail Delight Body Ritual (150 Minutes) \$232

Give Happy Hour a whole new meaning with this splashy, top-shelf treatment. Here is an intoxicating concoction of exotic ingredients blended by our expert mixologists that will have you on your back in no time... ready for anything! The true beauty of this Cocktail Delight is that after the buzz there's no hangover.

Tropical Fruit Elixir Body Ritual (120 Minutes) \$203

It all began in the Garden of Eden with the fruit that changed mankind's life. Now, there is a body treatment that would even tempt Eve for a second time. This ritual is a tropical garden ripe with exotic fruit vitamins, extracts & enzymes that feels absolutely heavenly in the most sinful way.

Fresh Start Body Ritual (120 Minutes) \$203

No matter how naughty you were the night before, every new day brings a fresh start. This treatment has taken all the elements necessary to brighten & revive even the most spent, jaded soul. Essential oils in vibrant combination refresh the parts tainted by nocturnal excess - leaving you feeling shiny, bright and as good as new.

Coffee Invigorating Body Ritual (90 Minutes) \$170

Feeling sluggish? THIS IS A WAKE-UP CALL! With everybody taking coffee in their own personal style, this is a completely new way to add caffeine to your body, inside and out. Just this ninety-minute treatment will open your eyes (wide!) to what a cup of coffee can really do to your body!

Tropical Romance Body Ritual (150 Minutes) \$232

For two hours your massage table becomes a boat drifting along in a tropical breeze and the petal-strewn bath becomes your own desert island lagoon. Together, let your senses escape the reality of daily life and return to a state of pure joy and perfect harmony.

Zen For Body & Mind Ritual (120 Minutes) \$203

Enter a parallel realm where your body and mind bond in perfect harmony. This green tea ritual calms every aspect of your being with Zen like tranquility. You will feel stress and the problems of modern life fall ripple away like a stone dropped in a still pond.

Floral Pampering Body Ritual (150 Minutes) \$232

Feel your body falling, like a petal, into a bed of flowers. The soft, velvety textures caress your skin. Subtle essential oil scents embrace your senses, releasing memories, like crystal moments in time. A most romantic experience, this treatment is literally a garden of delights.

Rich & Creamy Body Ritual (120 Minutes) \$203

Submerge yourself into a treatment that nourishes your skin with the kinds of vitamins, minerals and nutrients that your mother would definitely approve of. All the magical properties that gave you the best start in life have returned to revitalize tired, damaged skin. This milky menu features vitamin A & C for anti-oxidant cell rejuvenation plus liposome to support collagen in the skin for anti-aging. Proof that Mother Nature always knows best.

Ion Detox & Slimming Ritual (150 Minutes) \$185

This ritual measure contains 10 to 17 of essential amino acids, cleans and detoxicating. Tightens the skin and breaks down fat. Educe inches, improve skin tone, nourish the skin, aid weight loss, has an overall balancing effect, along with significant health benefits. This ritual pulls toxins out of your system and restores your body to optimal health!

Spa Packages Include: Foot Cleanse • Body Scrub • Body Wrap • Massage • Moisturizing Bath • Tea Served